

Introduction to Subcutaneous Injections

Check-Off (Instructor Resource)

PREPARATION:

Supplies:

- Provider Order
- MAR
- Med cart or mock med cart
- Mock/demo vial of Regular insulin
- Subcutaneous injection models (can be placed on a manikin)
- Subcutaneous syringes/needles
- Alcohol swab
- Hand sanitizer or access to sink
- Clean gloves
- Sharps container

After demonstration, have students practice subcutaneous injections on the models using the following steps:

Optional: Evaluate the student's ability to complete a subcutaneous injection using the following steps. May score via points or satisfactory/unsatisfactory. See sample completed MAR for proper documentation.

Introduction to Subcutaneous Injections

1.	Verify MAR with written order from provider	
2.	Review medication reference information (proper dosage, side effects, contraindications etc.)	
3.	Gather supplies needed for preparing and administering medication	
4.	Wash your hands with sanitizer or soap/water	
5.	Compare MAR with medication; complete the Rights of Administration	
6.	Draw up the correct dose; verify with a peer, and complete the Rights of Administration	
7.	Wash your hands with sanitizer or soap/water	
8.	Gather supplies. Lock medication cart and ensure no patient information is visible per HIPAA	
9.	Knock, enter room, and provide for privacy	
10.	Identify yourself with name and title (student nurse, medical assistant, etc.)	
11.	Wash your hands with sanitizer or soap/water	
12.	Identify patient by asking name and date of birth. Verify this information with the MAR.	
13.	Explain the procedure to the patient and ask if they have any questions. Verify allergies with MAR.	
14.	If not completed at the cart, complete the Rights of Administration	
15.	Apply clean gloves	
16.	Assist patient to comfortable position and select appropriate site	
17.	Clean site with alcohol swab	
18.	Remove needle cap, pinch up skin, insert needle at a 45-90 degree angle, and release skin	
19.	Administer injection and inject slowly	
20.	Withdraw needle, apply alcohol swab or gauze lightly over site without massaging site	
21.	Dispose of needle in sharps container	
22.	Ask your patient if they are comfortable and if they have any questions.	
23.	Remove gloves and wash your hands with sanitizer or soap/water	
24.	Document medication administration on the MAR.	
	Score	